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Patterns of connectome variability in autism across five functional activation tasks: findings from the LEAP project

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Abstract

Background: Autism spectrum disorder (autism) is a complex neurodevelopmental condition with pronounced behavioral, cognitive, and neural heterogeneities across individuals. Here, our goal was to characterize heterogeneity in autism by identifying patterns of neural diversity as reflected in BOLD fMRI in the way individuals with autism engage with a varied array of cognitive tasks.

Methods: All analyses were based on the EU-AIMS/AIMS-2-TRIALS multisite Longitudinal European Autism Project (LEAP) with participants with autism ($n = 282$) and typically developing (TD) controls ($n = 221$) between 6 and 30 years of age. We employed a novel task potency approach which combines the unique aspects of both resting state fMRI and task-fMRI to quantify task-induced variations in the functional connectome. Normative modelling was used to map atypicality of features on an individual basis with respect to their distribution in neurotypical control participants. We applied robust out-of-sample canonical correlation analysis (CCA) to relate connectome data to behavioral data.

Results: Deviation from the normative ranges of global functional connectivity was greater for individuals with autism compared to TD in each fMRI task paradigm (all tasks $p < 0.001$). The similarity across individuals of the deviation pattern was significantly increased in autistic relative to TD individuals ($p < 0.002$). The CCA identified significant and robust brain-behavior covariation between functional connectivity atypicality and autism-related behavioral features.

Conclusions: Individuals with autism engage with tasks in a globally atypical way, but the particular spatial pattern of this atypicality is nevertheless similar across tasks. Atypicalities in the tasks originate mostly from prefrontal cortex and default mode network regions, but also speech and auditory networks. We show how sophisticated modeling methods such as task potency and normative modeling can be used toward unravelling complex heterogeneous conditions like autism.

Keywords: Autism, fMRI, Functional connectivity, Normative modeling, Heterogeneity, Canonical correlation analysis

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Introduction

Autism spectrum disorder (henceforth ‘autism’) is a complex neurodevelopmental condition marked by difficulties with social communication, repetitive, restricted behaviors and interests and sensory processing



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atypicalities [1]. Cross-participant heterogeneity in autism has made understanding underlying mechanisms and the complex interrelation between neurobiology and cognitive profiles in autism challenging. Imaging studies in autism report both over- and under-connectivity of functional brain networks [2–4] on the basis of resting state fMRI data. Different task-fMRI studies, probing a variety of neural processes, report between-group differences with small effect size at best [5–7]. Crucially, little effort has been made to integrate the diverse findings both across different cognitive domains and between task-fMRI and resting state connectivity at the level of an individual participant. In order to better characterize heterogeneity both across cognitive domains and across individuals, we combine novel methodological approaches.

First, we propose an integrated analytical approach to characterize the task-specific cognitive demands in autistic individuals. We utilize a task potency approach which combines the unique aspects of both resting state fMRI (rs-fMRI) and task-fMRI [8]. Rs-fMRI provides insight into the large-scale ‘architecture’ of brain connectivity in an individual. Task-fMRI might however more directly probe the neural correlates of specific cognitive domains affected by the condition such as social/emotional processing and attention. We leverage the advantages offered by both views in task potency, which disentangles the relative contribution of task-induced functional connectivity from that of the baseline architecture at the individual level [9]. This allows for greater sensitivity to individual task-based functional connectivity (FC) effects as well as a more precise interpretation of findings as being related specifically to the cognitive load and not to differences in baseline.

Second, even though many cognitive/behavioral studies have been able to successfully show differences between individuals with autism and typically developing individuals across a range of cognitive domains such as social cognition, reward and emotion processing, and executive functioning [10], there appears to exist pronounced behavioral, cognitive, and neural heterogeneity across individuals with autism [11–13]. In order to parse the heterogeneous nature of autism neurobiology, we therefore apply normative modeling which will allow us to map atypicality of brain-derived features on an individual basis with respect to the distribution of those features in a group of similar typically developing controls. [14]. This approach has previously been applied in autism and yielded promising results [15–17]. This way, the analysis becomes more sensitive to idiosyncratic brain atypicalities.

In order to be able to characterize diversity in presentation across cognitive domains and individuals, we

leverage the large-scale resource that has specifically been designed to capture a large, heterogeneous and thus naturalistic autism sample—the EU-AIMS/AIMS-2-TRIALS Longitudinal European Autism Project (LEAP) [18–20]. It is designed to provide deep-phenotyping by including both various neuroimaging measures (such as rs-fMRI and task-fMRI), an extensive cognitive battery capturing social cognition, reward and emotion processing, and executive functioning and in-depth behavioral phenotyping. Due to the presence of multiple task paradigms in the dataset, we are able to contrast the spatial patterns of atypicality across these different tasks. We are especially interested in finding out whether posited patterns of task-specific functional connectome atypicality in autism are similar across cognitive domains—and conversely, how that similarity is expressed in typically developing controls.

We assess whether the patterns of brain atypicality we find in individuals relate to metrics of autism at a behavioral level—thereby assessing for each task whether task-specific functional connectome atypicality carries information relevant to finding brain-behavior relationships in autism. In order to relate high-dimensional brain data to behavioral data in a way without making prior assumptions on the most relevant features in a multivariate context, we will apply canonical correlation analysis (CCA) [21, 22].

By integrating complementary functional modalities and combining the aforementioned novel tools such as task potency and normative modelling, taking a unique look at identifying (a)typicality in the way individuals with autism engage with cognitive demands across tasks at the individual neural level is made possible. The multiple fMRI tasks present in the dataset enable a crucial cross-task perspective toward gauging to what extent such atypicalities exist across different cognitive loads, and whether this pattern is different in autism from typically developing controls.

Materials and methods

Sample

The dataset from the EU-AIMS/AIMS2TRIALS LEAP project was used for the current analyses—a large multicenter European project with an aim to identify biomarkers in [18–20]. Local ethical committees approved the study at their respective sites. Participant was extensively clinically phenotyped and underwent multiple MRI assessments. Data from participants with intellectual disability ($IQ < 75$) were not included in the current project. Furthermore, we removed participants from the analysis on the basis of data quality using the following criteria: Participants were required to have acceptable overlap (>94%) with the MNI152 standard brain after

image registration. We then excluded 57 participants due to poor overlap (<50%) with one or more particular regions from the ICP brain parcellation atlas. In general, we followed the same rationale for brain region inclusion as used in [23]. Participants were furthermore excluded on the basis of incidental findings and incomplete scans ($N=18$), and those in the top 5% in terms of head motion quantified through root mean square framewise displacement ($N=27$) [24]. The above criteria resulted in the inclusion of data for analyses from the following participants: 282 participants with autism (age range 7.5–30.3 years; mean = 17.1; sd = 5.4; 72.3% male), and 221 typically developing controls (age range 6.9–29.8 years; mean = 17.0; sd = 5.5; 63.8% male). Not every participant was included in each analysis, for the reason that not all participants completed all fMRI scan sessions. See Additional file 1: Tables S1 through S5 for more details on the subsample characterization in each task.

Behavioral data

Total scores on seven behavioral variables were included in the multivariate canonical correlation analyses with the aim to broadly include information about the affected autism domains, co-occurring attention deficit hyperactivity disorder (ADHD), and adaptive functioning, as well as IQ. Three variables cover the primary affected domains in autism (social and communicative difficulties, repetitive/restricted behaviors and interests, and sensory atypicalities): Social Responsiveness Scale-2 (SRS) [25]—a quantitative scale of autism symptomatology over the past 6 months, the Repetitive Behaviors Scale-revised (RBS) [26]—a scale which assesses more specifically restricted and repetitive behaviors, and the Short Sensory Profile (SSP) [27]—a scale which assesses sensory processing atypicalities. Two further variables cover the ADHD-related behaviors: ADHD hyperactivity/impulsivity, and ADHD inattentiveness. These are the two components from the DSM-5 ADHD rating scale for behavior in the past 6 months. Furthermore, we included the Vineland-II Adaptive Behavior Composite (Vineland) [28] which assesses the level of real-life everyday adaptive functioning. Finally, we included Full scale intelligence quotient (IQ) as measured by the Wechsler Abbreviated scale intelligence-2 [29]. Missing data were imputed with random forest regression, as done in [17].

fMRI data

Participants performed a resting state fMRI (rs-fMRI) lasting approximately 6 min, and one or more of the following task-fMRI scans: Hariri emotion processing (Hariri) [30], Flanker and Go-NoGo (Flanker) [31], social reward anticipation (Reward_s), nonsocial reward anticipation (Reward_ns) [32], and animated shapes

theory of mind (ToM) [33, 34]. See Additional file 1 for brief descriptions of these tasks. Participants were instructed to relax and fixate on a cross presented on the screen for the duration of the rs-fMRI scan. Additionally, each participant completed an anatomical scan for the purpose of registration. MRI data were acquired on 3T scanners at multiple sites in Europe—King's College London (KCL), Radboud University Nijmegen Medical Centre (RUNMC), University Medical Centre Utrecht (UMCU), Autism Research Centre (ARC), University of Cambridge (UCAM), Central Institute of Mental Health, Mannheim (CIMH), and Karolinska Institutet (KI). Data from KI were not used due to a low number of participants. fMRI parameters are described in the supplementary information.

fMRI preprocessing

Preprocessing of both the resting state- and task-fMRI data was performed with tools from FSL [35]. The first five volumes for each acquisition were removed to allow for equilibration of the magnetization. To correct for head movement, we performed volume realignment to the middle volume using MCFLIRT. Next, global 4D mean intensity normalization and smoothing with a 6 mm FWHM kernel were applied. ICA-AROMA was used to identify and remove secondary motion-related artifacts [36, 37]. Next, signal from white matter and cerebrospinal fluid was regressed out and we applied a 0.01 Hz high-pass filter. For each participant, we registered acquisitions to their respective high-resolution T1 anatomical images by means of the Boundary-Based Registration tool from FSL-FLIRT [24]. The high-resolution T1 image belonging to each participant was registered to MNI152 space with FLIRT 12-degrees of freedom linear registration, and further refined using FNIRT nonlinear registration [38]. We used the inverse of these transformations to take a brain atlas to the native space of each participant, where all further analyses were performed. ComBat was used to clean the data for linear site effects [39]. This resulted in small changes to the functional connectivity matrices, see Additional file 1: Fig. S4A-E.

Task potency

We used the instantaneous connectivity parcellation (ICP) brain atlas with 168 brain regions (hierarchically situated in 11 larger-scale 'networks') [40] to define brain regions in the native space of each subject. The ICP parcellation was chosen for its suitability to FC modeling and due to its hierarchical nature. This was done for each of the five task-fMRI acquisitions—as well as for resting state. For each participant, we calculated the regularized covariance [41] between the average BOLD time series extracted from each brain region pair. We then estimated

partial correlations from the covariance matrix and consecutively applied the Fisher-Z transformation. This provided for each participant a connectivity matrix of size 168×168 —one resting state matrix and one task-fMRI matrix per task. Mixture modeling offers an attractive way to analyze and model the noise in FC matrices without affecting reliable signal [42–44]. The main Gaussian from a mixture Gaussian-gamma model that was fitted on the distribution of edge values for each individual matrix supplied us with parameterized information about said distribution. We used these parameters to normalize the elements in each matrix by subtracting the main Gaussian mean and dividing by its standard deviation. In order to produce individual matrices of connectivity modulations induced by the task, i.e., task potency, we subtracted each participant's resting state connectivity matrix from that participant's task connectivity matrix. The resulting matrices are interpreted as containing the connectivity modulations away from the resting state baseline that the respective task induces in the brain—i.e., task potency [8, 45].

Normative modelling

A normative model of potency edge values was built against age and sex from typically developing participants using the *nispat* implementation in python [14, 46]. This means that downstream analyses are also inherently corrected for age and sex. The model furthermore inherently models uncertainty that is present due to availability of datapoints in the age and sex distributions. The model was used to predict the range of (a)typical edge values in out-of-sample typically developing participants as well as the autistic participants. Task potency values were thereby transformed to Z-scores quantifying the atypicality per edge of each individual's task potency matrix elements given the normative reference. This was done separately in each task. Participant mean Z-scores were not significantly related to participant scanner motion (FD), more details available in Additional file 1 (Fig. S3A–E). Percentage of connectome deemed atypical was identified by thresholding the Z-scores at $z = |\pm 2.571|$, nominally describing the 1% most extreme positive and negative values. The number of edges passing this threshold for each individual was then expressed as a percentage of the total amount of edges. Independent *t* tests were performed on the percentages to assess case–control differences in the tasks. All *p* values were FDR corrected for multiple comparisons across tasks. Cohen's *D* was calculated for an effect size estimate in each task.

Cross-task similarity

We investigate similarity in the patterns of atypicality across the tasks in autism as well as typically developing

controls. This is done for both diagnostic groups separately by constructing a Pearson correlation matrix from the mean edgewise atypicality scores across tasks. Differences in covariance values are compared between the groups with the Wilcoxon signed rank test [47].

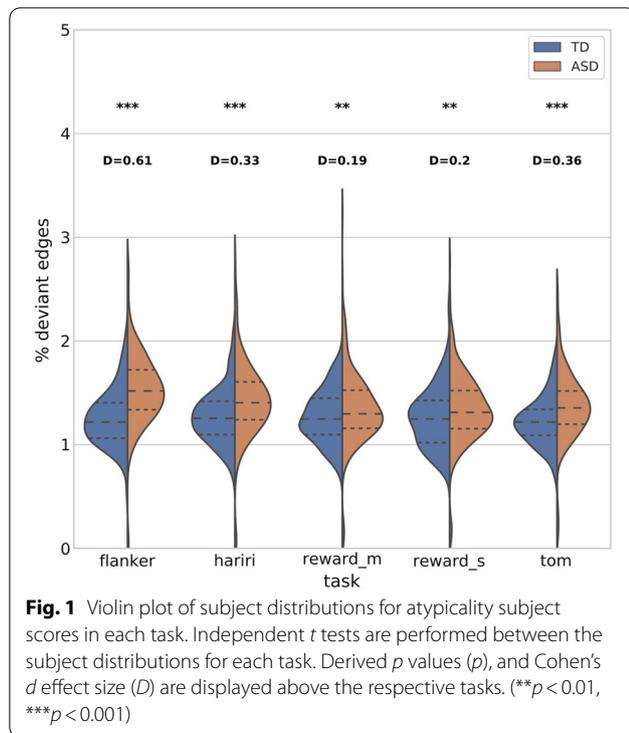
Canonical correlation analysis

Canonical correlation analysis (CCA) is a technique for finding latent linear multivariate relationships between two sets of data [48–50]. CCA analysis was done only in the individuals with autism in order to assess whether the variation in the task atypicality patterns relates also to phenotypic description in individuals with autism. The following processing steps were done separately for each task. For the behavioral side of the CCA analysis, the seven variables previously described were used (SRS, RBS, SSP, ADHD hyperactivity/impulsivity, ADHD inattentiveness, Vineland, IQ). For the brain side of the CCA, principal components-based dimensionality reduction was applied to the brain subjects by edges data matrix in order to make the CCA well-posed. Aiming for a balance between model accuracy and complexity, the top 10 variance components were kept for input in the CCA. Stability and generalizability of CCA parameters was assessed through 1000 different splits of tenfold out-of-sample cross-validation—building a 'test' distribution of the first canonical correlation as well as the paired CCA weights. Significance of the relationship found was assessed through building an out-of-sample null distribution of CCA correlations, i.e., permutation testing. Subjects were randomly permuted (within scan site) to break up the original correlation structure and performing again 1000 different splits of tenfold cross-validation. Non-spuriousness of the original relationship found was assessed by assessing whether the mean of the test distribution is more extreme than the 95th percentile of the null distribution.

Results

General connectome atypicality levels

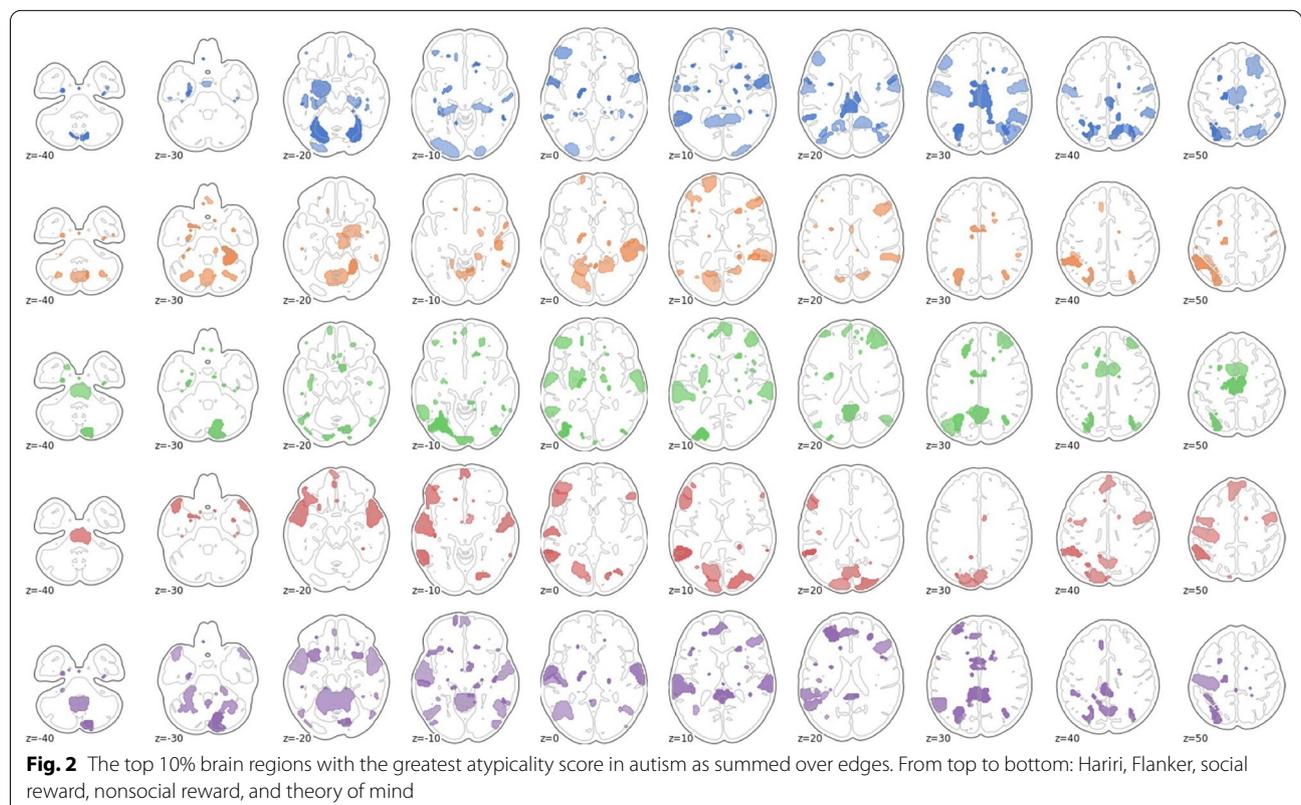
Figure 1 shows for each task distributions of subjects for the percentage of total edges that pass the atypicality threshold at 1% two tailed ($z = 2.571$) in the autism and TD groups. We interpret this metric as a global subject-level atypicality score in each task. We identify significantly greater levels of atypical modulation in individuals with autism in each of the tasks. Flanker—Cohen's *d*: 0.61, $p < 0.01$. Hariri—*d*: 0.34, $p < 0.01$. Monetary reward—*d*: 0.19, $p < 0.01$. Social reward—*d*: 0.19, $p < 0.01$. Theory of mind—*d*: 0.36, $p < 0.01$. For full information see Additional file 1: Table T1. These findings provide a global view where the distribution of edges in autism is



shifted toward greater atypicality in achieving the same cognitive states as represented by task potency.

Brain region atypicality levels

For the next analysis, we looked more closely at the spatial profile of connectivity modulation atypicality of autistic individuals with respect to typically developing controls. Figure 2 shows for each task the top 10% brain regions with the greatest atypicality scores in the autism group. To further identify the implicated cognitive terms associated with these regions, we used the Neurosynth online brain image decoder (October, 2021) to identify which networks and cognitive terms were represented in the atypicality data spatial pattern [51]. Because atypicality scores were initially estimated at the edge level, we computed the mean absolute atypicality value for all edges in a region, in order to present an atypicality score per brain region. For the Hariri task, the top matches were medial prefrontal cortex (*r*=0.141), auditory (*r*=0.132), and speech networks (*r*=0.13), and superior temporal cortex (*r*=0.119). In the Flanker task, the top matches between the pattern of atypicality and canonical brain networks were in order: medial prefrontal cortex (*r*=0.144), default mode network (*r*=0.12), and posterior cingulate (*r*=0.11). For the monetary reward task, the top matches were again medial prefrontal cortex (*r*=0.146),



then somatosensory cortex ($r=0.116$), default mode network ($r=0.115$), and speech networks ($r=0.11$). For the social reward task, the matches consisted of medial prefrontal cortex ($r=0.129$), speech network ($r=0.11$), and default mode network ($r=0.108$). Finally, in the theory of mind task, the spatial pattern of atypical modulation was most closely matched to the speech network ($r=0.141$), superior temporal cortex ($r=0.14$), and auditory cortex ($r=0.139$). The purely cognitive terms associated most with the atypicality scores were speech and listening/auditory regions across all tasks.

Atypicality similarity across tasks

Figure 3 shows the correlation matrix of the atypicality edge pattern across the different tasks in the typically developing controls and autism groups. Correlations are consistently across tasks higher for autism (mean correlation: 0.43) than for TD (mean correlation 0.07). Wilcoxon signed rank test of the difference shows a significant difference at $p < 0.002$.

Canonical correlation analysis

We then investigated whether these spatial patterns of atypicality in the different tasks are also meaningfully related to behavioral measures of autism, and how this may vary across tasks. This grounds the model into clinical relevance. Canonical correlation analyses found significant brain-behavior modes of covariation in each of the tasks. Loadings displayed very high stability under out-of-sample tenfold cross-validation (correlations > 0.99). Figure 4 displays CCA loadings in the behavioral domain for the respective tasks. Instead of

revealing differential patterns for the different cognitive domains probed by the tasks, the patterns found are similar across tasks and load on to the behavioral variables in their respective direction of greater impairment. Because we include behavioral variables that form dimensional cornerstones of ASD diagnosis (SRS: social interaction, RBS: repetitive behavior, SSP: sensory atypicality), this suggest that our brain-behavior relationship follows a main positive-negative axis of autism impairment. The loadings are of comparable magnitude across the tasks with the exception of IQ, which does load in the modes revealed from the Hariri and Flanker tasks, but shows minimal involvement in (non)social reward and theory of mind. Figure 5 shows the top loading brain regions in the CCA. Figure 5 is effectively a rotation of the data from Fig. 2 under the added influence of autism behavioral scores. In this situation, for the Hariri task, the top Neurosynth matches were anterior cingulate cortex ($r=0.215$), speech cortex ($r=0.143$), and anterior insula ($r=0.134$). For the Flanker task, these were temporal cortex ($r=0.152$), language regions ($r=0.148$), and superior temporal cortex ($r=0.148$). In the monetary reward task, they were visual cortex ($r=0.185$), occipital cortex ($r=0.177$), and motor cortex ($r=0.162$). In social reward, the best matches were prefrontal cortex ($r=0.135$), linguistic regions ($r=0.132$), and motor cortex ($r=0.132$). Finally, for the theory of mind task, they consisted of dorsolateral cortex ($r=0.162$), auditory cortex ($r=0.145$), and anterior cingulate ($r=0.14$). Additional file 1: Figure S1 shows the difference between the data from Figs. 2 and 5 visualized.

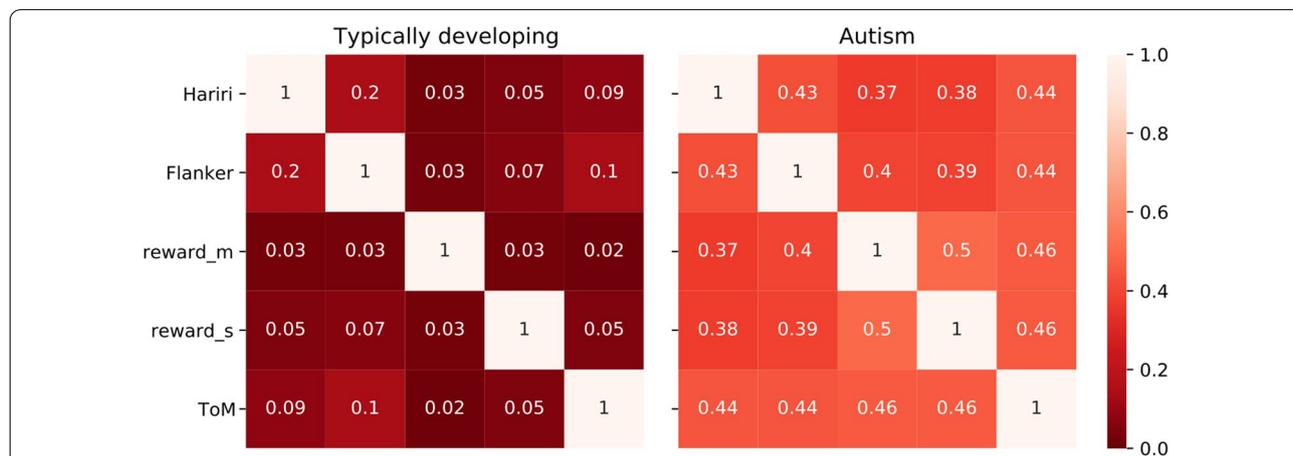
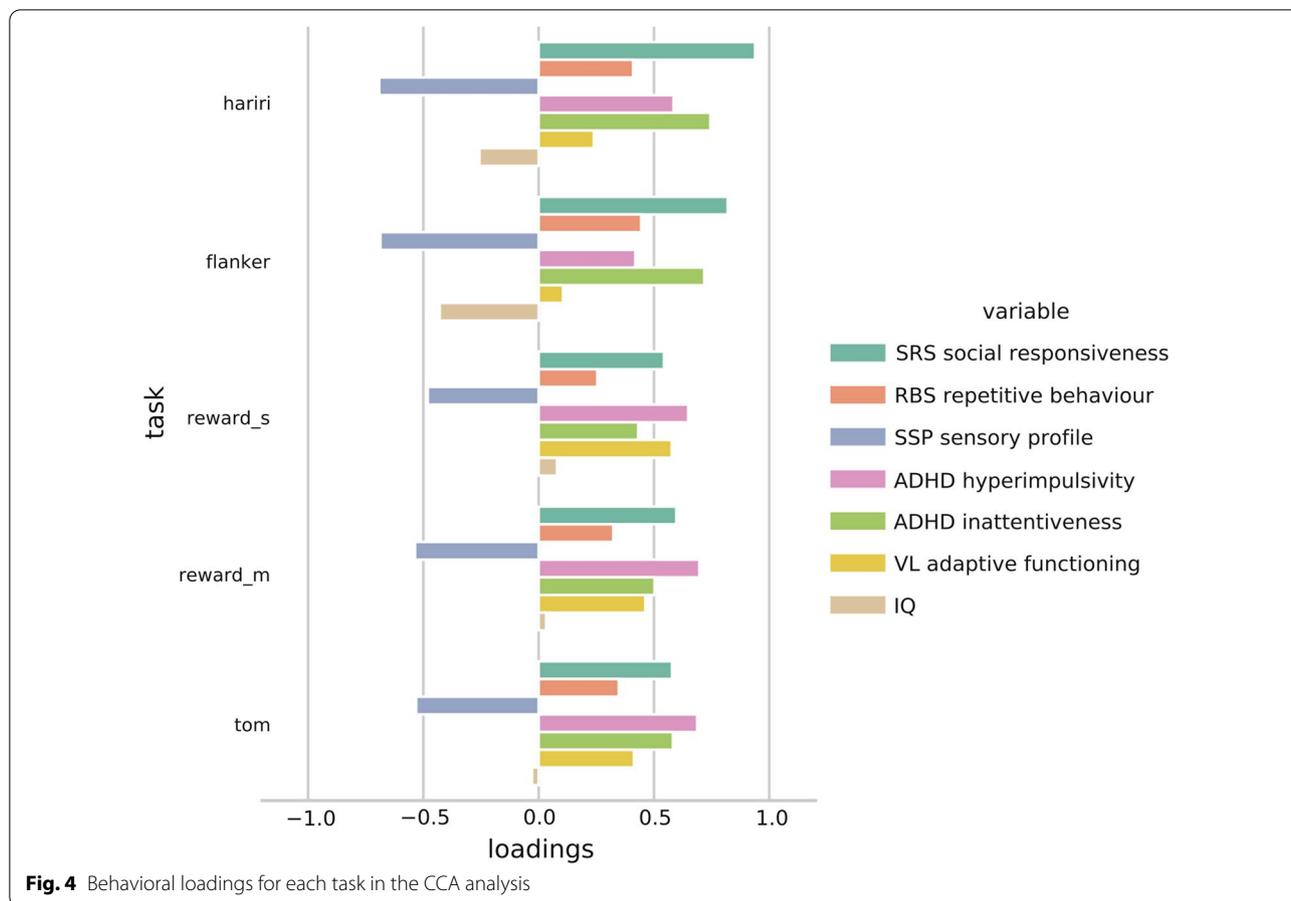


Fig. 3 Heatmap of cross-task Pearson correlation of the edgewise group-level mean atypicality pattern in the brain for TD and ASD. Correlations are higher across the board for autism (mean correlation: 0.43), than for TD (mean correlation 0.07). Wilcoxon signed rank test shows a significant difference at $p < 0.002$



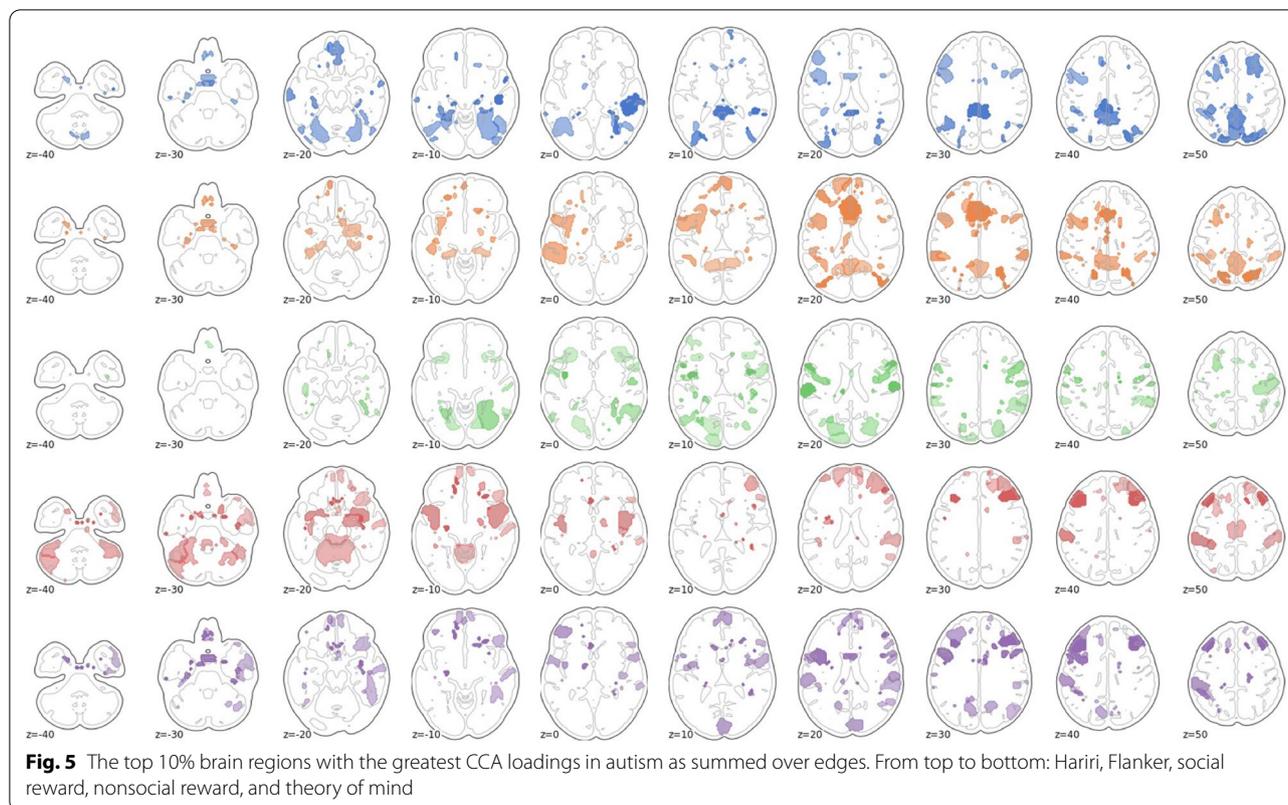
Discussion

Our aim in this study was to identify and map individual-level (a)typicality in neural patterns associated with processing across different cognitive domains. We employ a task potency approach (functional connectivity modulation away from resting state baseline) for individuals with autism as they engage in tasks with different cognitive demands.

We show that autism is paired with greater individual-level global atypicality of brain connectivity modulation in each of the tasks under review. This could indicate broadly atypical deployment of neural resources under cognitive loads in autism and reiterates the necessity to move beyond simple group comparisons through the normative modelling approach. We further show that the atypicalities we model in the brain relate to behavioral measures of autism and found a robust and stable primary relationship in each of the tasks. The behavioral loadings of this relationship can furthermore be interpreted as describing a main axis of impairment in autism. The relationship implies that the behavioral and fMRI data carry similar information. This means that our feature, consisting of atypical task modulation and which

was developed independently of behavioral information, is nonetheless a descriptor of autism impairment as measured by behavioral testing.

Interestingly, a large amount of the brain regions with the greatest atypicality scores were involved with language comprehension and language production, possibly pointing toward language networks being central to autism brain presentation. Furthermore, the spatial patterns of atypicality in the autism group display high levels of cross-task correlation, which was mostly absent in the typically developing controls. This suggests a high level of similar atypicality in autism when dealing with the various cognitive demands. Interestingly, these findings in combination would suggest that while individuals with autism have a globally more atypical pattern of task potency relative to controls, the specific spatial pattern of this atypicality does show clear similarity across cognitive domains. As far as these authors are aware, this is a novel finding and could support cognitive theories of autism involving a common deficit across mental domains. In the context of heterogeneous samples, it furthermore lends validity to the concept of an autism as a grouping from a functional neurobiological perspective.



Research simultaneously investigating multiple tasks has previously been demonstrated in an ADHD cohort [45], yet has not been applied to autistic individuals. Given our findings this could be a promising target for future research in autism. A deeper investigation of why and how it is the case that cross-task similarity in atypicalities are on average much more similar in autism than in controls, and how this might relate to literature of the lack of functional differentiation in autism [3, 52] is necessary. One explanation could be that the brain connectivity pattern of individuals with autism is less free to fluctuate and reorganize under different cognitive loads. This explains both the atypicality in relationship to controls as well as the similarity across tasks within autism as found in this paper.

The findings in this paper need to be contextualized with regards to some limitations. Recent work in functional connectivity has highlighted the presence of test-retest variability in functional connectivity [53, 54]. This variability can have different sources such as participant traits, time of day, level of caffeination, medication, and task-magnitude to name a few. This can set participants up toward different FC fingerprints in different such situations. In our research, we use every individual participant as their own baseline through task potency. In task potency, the participant task-scan is calibrated by using

the participant resting state scan which was acquired during the same scan procedure. This offers an inherent method of controlling for some of these sources of variability. The brain plots displayed in this paper should not be regarded as directly equivalent to activation maps. While areas highlighted in the figures do imply involvement of said area, this involvement is through the up- or downregulation of its coupling with other areas—not necessarily its own activation in isolation. fMRI tasks used in the LEAP sample were chosen based on their relevance for autism research, however still other forms of cognitive engagement may be relevant for a complete cross-task perspective. Furthermore, though we view autism through individualized atypicality metrics, the normative range estimation necessitates that the typically developing participants are treated as a single group. This potentially masks subgroups in autism that are embedded in the typically developing range.

Conclusions

To conclude, in this paper, we have applied innovative techniques to aid understanding of autism brain connectivity heterogeneity in a multi-task setting. These techniques reveal that individuals with autism engage with tasks in a globally atypical way, but that

the particular pattern of this atypicality is nevertheless similar across tasks. Atypicalities across tasks originate mostly from prefrontal cortex and default mode network regions, but also speech and auditory networks. We furthermore validated the behavioral relevance of these techniques through showing significant relationships between brain and behavioral data. The similarities between atypicalities across the affected cognitive domains in autism may hold the key to furthering our understanding of the autistic brain. Further, we demonstrated the added value of innovative tools, i.e., task potency and normative modelling, with the goal to improve the interpretability of task-based fMRI functional connectivity and parse heterogeneity at the individual level in autism. We show that individuals with autism exhibit an atypical task-active functional connectome and we show that taking a cross-task perspective might help reveal a common pattern of atypicality in autism more broadly. Further research may focus on applying advanced discriminative and/or clustering procedures on the novel brain features that we have shown to be relevant for autism in order to predict and/or subtype autism on the basis of FC measurements. Additionally, the current research may be expanded to tasks beyond the five we take under consideration, as well as to further neurodevelopmental conditions.

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s13229-022-00529-y>.

Additional file 1: Scanning parameters, task description, subsample characterisations and additional figures.

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Author contributions

TL, DF, AL, JB, and CB conceived and designed the analysis. TL, RC, AL, AM, and CB, contributed analysis tools. TL performed the analysis. TL wrote the paper. DF substantively revised the paper. AL and CB provided support in analyses. DM, TB, and TC have contributed to the coordination, data acquisition,

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Availability of data and materials

At the moment of submission, data are not publicly available. The EU-AIMS consortium will make the data publicly available in the near future and the exact protocol to access this data is under discussion.

Declarations

Ethics approval and consent to participate

The ethics committee (London Queen Square Health Research Authority Research Ethics Committee) of KCL and University of Cambridge gave ethical approval for this work (13/LO/1156). The ethics committee (Radboud Universitair Medisch Centrum Instituut Waarborging Kwaliteit en Veiligheid Commissie Mensgebonden Onderzoek en Regio Arnhem-Nijmegen (Radboud University Medical Centre Institute Ensuring Quality and Safety Committee on Research Involving Human Subjects Arnhem-Nijmegen) of Radboud UMC gave ethical approval of this work (2013/455). The ethics committee of Central Institute of Mannheim (UMM Universitaetsmedizin Mannheim, Medizinische Ethik Commission II (UMM University Medical Mannheim, Medical Ethics Commission II) gave ethical approval for this work (2014-540N-MA). The ethics committee of University of Rome (Universita Campus Bio-Medica De Roma Comitato Etico (University Campus Bio-Medical Ethics Committee De Roma) gave ethical approval of this work (8/14 PAR ComET CBM).

Consent for publication

Not applicable.

Competing interests

JKB has been a consultant to, advisory board member of, and a speaker for Janssen Cilag BV, Eli Lilly, Shire, Lundbeck, Roche, and Servier. He is not an employee of any of these companies, and not a stock shareholder of any of these companies. He has no other financial or material support, including expert testimony, patents or royalties. CFB is director and shareholder in SBGNeuro Ltd. The present work is unrelated to the above grants and relationships. TB served in an advisory or consultancy role for ADHS digital, Infectopharm, Lundbeck, Medice, Neurim Pharmaceuticals, Oberberg GmbH, Roche, and Takeda. He received conference support or speaker's fee by Medice and Takeda. He received royalties from Hogrefe, Kohlhammer, CIP Medien, Oxford University Press. TC has received consultancy from Roche and Servier and received book royalties from Guildford Press and Sage. The other authors reported no biomedical financial interests or potential conflicts of interest.

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